

Homecare

- **Noveon will kill the fungus your patients have now, but it can't kill any new fungus they get later**
- **Re-infection is common**
 - Nail fungus is ubiquitous in the environment
 - Self-re-infection is very common (e.g., shoes, socks, etc.)
 - Fresh exposure can also occur easily
- **Patients often don't understand how the importance of proper foot hygiene**
- **Suggested hygiene practices**
 - Use topical anti-fungals (e.g., Lamisil, Lotrimin)
 - Sterilize all shoes (or buy new ones)
 - Wear well fitted shoes that breath
 - Wear clean socks
 - Keep feet clean and dry
 - Wear flip flops in the gym
 - Don't share towels, socks, or shoes with others
 - Treat athlete's foot promptly



**Fewer re-infections means
happier customers and less
rework**

PODIATRY FOOT & ANKLE INSTITUTE

*Trust the **Noveon Nailaser**
for Clearer, Healthier Nails!*



HOME HEALTH CARE after laser treatment

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- ✓ Clean and dry feet resist disease.
- ✓ Washing the feet with soap and water, remembering to dry thoroughly, is the best way to prevent an infection.
- ✓ Shower shoes should be worn when possible in public areas.
- ✓ Shoes, socks, or hosiery should be changed more than once daily.
- ✓ Toenails should be clipped straight across so that the nail does not extend beyond the tip of the toe.
- ✓ Wear shoes that fit well and are made of natural materials that breathe.
- ✓ Avoid wearing excessively tight hosiery, which promote moisture.
- ✓ Socks made of synthetic fiber tend to "wick" away moisture faster than cotton or wool socks.
- ✓ Disinfect instruments used to cut nails.
- ✓ Disinfect home pedicure tools.
- ✓ Don't apply polish to nails suspected of infection-those that are red, discolored, or swollen, for example.
- ✓ Ultraviolet Shoe Sterilization systems such as SteriShoe, are extremely helpful in treating the environment in which the infecting organisms live and may help prevent re-infection.



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